

**FOURTEENTH SUNDAY IN ORDINARY TIME**

**Readings This Weekend:**

Zec 9:9-10                      Romans 8:9-13                      Mt 11:25-30

**Readings Next Weekend:**

Isaiah 55:10-11                      Rom 8:18-23                      Matthew 13:1-23



In today's Gospel Jesus teaches us some important lessons on how to endure life's burdens. The principal image he uses for burdens is the image of the Yoke. A yoke is a wooden frame that helps an animal, such as a donkey or an ox, carry a heavy load. If we were to simply put a rope around the animal's neck all the weight would be centered on the neck and the animal would choke. A wooden yoke is used to distribute the weight along the shoulders of animals making it possible to pull the weight more easily. Jesus says he has a yoke for us and we see the gospel set forth in three stages. **Stage 1 is the Description** of the problem: simply put we labor and are burdened. **Stage 2 is the Prescription:** to take my yoke upon you. He goes on to call his yoke easy and his burden light. The Greek text is better understood as his yoke being well-fitting and his burden appropriate. So, the Lord does have a cross for us to carry but it is well-suited to us. The problem comes when we insist on carrying extra burdens that the Lord never meant for us. We wear ourselves out with things we have no business doing. **Stage 3 is the Depiction:** which provides us with a portrait that we, like little children, must learn to listen to the Lord and live more simply like we did when we were little children, staying close to home and listening to our Father, God!

**FUNERAL: Renee Denise Barnes** (July 1, 2020)  
**Dorothy Thomas** (July 8)

**† MASS INTENTIONS FOR THE WEEK †**

**Sunday, July 5**  
8:00am For the intentions of Angela Scott  
11:00am Opal Hoff †  
7:00pm For the intentions of Willie Scott  
**Monday, July 6** *St. Maria Goretti, Virgin and Martyr*  
8:00am For the intentions of Karl Hoff  
**Tuesday, July 7**  
7:00am Karen Graham (birthday)  
**Wednesday, July 8**  
7:00am Coulter Nakamura †  
**Thursday, July 9** *St. Augustine Rong, Priest & Companions, Martyrs*  
7:00am Larry Elgin †  
**Friday, July 10**  
7:00am For the intentions of Msgr. Charles Pope  
**Saturday, July 11** *Saint Benedict, Abbot*  
8:00am Tyree Gilliam, Jr, (birthday)  
4:30pm For the People

**MASS INTENTIONS:** If you would like to submit a mass intention for a family member or friend, contact the rectory at jcwalker@hscchurch.org or 202-546-1885.

**DAILY BIBLE READINGS**

**Monday:** Hosea 2:16-18, 21-22                      Matthew 9:18-26  
**Tuesday:** Hosea 8:4-7, 11-13                      Matthew 9:32-38  
**Wednesday:** Hosea 10:1-3, 7-8, 12                      Matthew 10:1-7  
**Thursday:** Hosea 11:1-4, 8-9                      Matthew 10:7-15  
**Friday:** Hosea 14:2-10                      Matthew 10:16-23  
**Saturday:** Isaiah 6:1-8                      Matthew 10:24-33

**PARISH NEWS**



**FLOCKNOTE**, is a communications tool that enables us to efficiently manage distribution lists and send email messages. It enables you to choose the news you want, giving you direct access to manage your subscriptions and change your contact info. Currently, bible study and general parish news are now sent from **Flocknote**, and we will continue to expand to other areas of interests. **Subscribe and stay connected.** It's quick and easy! Text **HCSC** to **84576** or visit <https://hscchurch.flocknote.com/> to receive emails with updates from the parish.

**COMMUNICATIONS AT HCSC:** Visit our parish website ([hscchurch.org](http://hscchurch.org)) for updates from the Pastor and on the parish during this pandemic.



Download **MyParishApp** onto your mobile device to stay in touch with what's happening at our parish. Visit your app store (*available for android & Apple phones*). Make sure to turn on your notifications after you download so you can receive updates and information.

HCSC is also on social media (**Facebook, Instagram and Twitter**). Make sure you stay in touch!



**TITHING:** This is a very difficult time for everyone both spiritually and financially. Especially during this challenging time, we depend on your donations to continue our ministries. If you are able to tithe, consider submitting it electronically and securely through **Faith Direct** at [faith.direct/DC59](http://faith.direct/DC59), or call 1-866-507-8757 to begin eGiving, or to make a one-time donation. If you are unable to use electronic tithing, you are welcome to drop your contribution at the rectory office or mail it to the rectory (1357 E. Capitol St., SE, WDC 20003). Thank you for your support and generosity.

**THIS WEEK AT THE PARISH**

**Monday (7/6)**                      **Friday (7/10)**  
**Rectory Office Closed**                      6-7:00pm Holy Hour  
8:00pm Bible Study (ZOOM)

**Wednesday (7/8)**  
6:30-7pm Confessions  
7:15pm Bible Study (ZOOM)

**Mass Attendance June 28, 2020**

4:30pm	88
8:00am	53
11:00am	56
7:00pm	35
<b>Total:</b>	<b>232</b>

**OUR MISSION STATEMENT:**

*Holy Comforter-Saint Cyprian Roman Catholic Church, empowered by the Holy Spirit, exists to evangelize and to uphold Christian values by promoting the teachings of the Church in Word, Sacrament and Witness.*

**OUR VISION STATEMENT:**

*A welcoming, embracing and joyful faith family richly rooted in the community today, tomorrow and forever.*

## FOURTEENTH SUNDAY IN ORDINARY TIME

### PARISH NEWS



**BIRTHDAY BLESSINGS** to our **Pastor, Rev. Msgr. Charles Pope**, who will celebrate his birthday on **Sat., July 10<sup>th</sup>** and also, our summer seminarian, **Ben Bralove**, who will celebrate his birthday on **Wed., July 15<sup>th</sup>**. Pray that these men will continue to receive God's grace and blessings in their vocations to serve Him and His people.



**BLESSINGS** to **Steven John Stafford** who was baptized into the family of Jesus Christ on June 28<sup>th</sup>. May God bless him in his journey of faith guided by his parents.



Restrictions (due to COVID-19) continue to allow up to 100 people in attendance at any of our **Public Masses**. This means we are able to resume our regular liturgical schedule: **Saturday—4:30PM; Sunday—8AM, 11AM and 7PM**.

Please note there are still a number of restrictions and protocols that we must continue to follow at each Mass:

- ◆ To enter the sanctuary, only the middle front doors and the handicap ramp will be open.
- ◆ To allow for social distancing some pews have been blocked off and our Ushers will escort you to a seat.
- ◆ Attendees must social distance themselves and wear a mask. Hand sanitizer is available.
- ◆ Attendance at Mass will be on a first-come, first-serve basis until the 100 attendee count is reached.
- ◆ Instructions will be given at Mass for safe reception of Holy Communion.

At the end of Mass all doors will be opened for exit. You are reminded to refrain from congregating out on the plaza after Mass.

We are being prudent and cautious because we care for you and your family's safety and well-being. We continue to ask for your patience and continued prayer as we press forward during these challenging times. We are grateful to be able to celebrate the sacrifice of the Mass with all of our



**HELP IS STILL NEEDED FOR CHURCH RE-OPENING:** To assist with the re-opening of the Church over the next few weeks, **we need volunteers** who are willing to serve as ushers and hosts at our weekend Masses. Please contact the rectory at [hscstaff@hscchurch.org](mailto:hscstaff@hscchurch.org) or 202-546-1885 with your name and email or phone number and we will send information on how you can help.

**HCSC PARISH FOOD PANTRY:** We realize that during the pandemic many people are facing less familiar and more stressful situations. If you are in need or know of someone in need of food please remember that HCSC maintains a food pantry. Contact the rectory at 202-546-1885 or [hscstaff@hscchurch.org](mailto:hscstaff@hscchurch.org) to request non-perishable food.

### Youth Ministry News

Nicki Gebrehwot, Director of Youth Ministry  
202-546-1885 ext. 25 (voicemail) ♦ [youthdirector@hscchurch.org](mailto:youthdirector@hscchurch.org)



Calling 2020 Graduates! If you graduated from middle school, high school, or college your HCSC parish family would like to recognize your accomplishment. Please visit our website and complete the *Graduate Recognition Form* or contact Nicki Gebrehwot.

**SUNDAY MASS LIVE-STREAMED:** Thank you to all the volunteers who assisted with the production of the taped liturgies from HCSC during the pandemic. Although HCSC will no longer offer a taped mass online, there are still several opportunities to view mass online on Sundays:

- ◆ **Archdiocese of Washington TV Mass** at 10:30AM on WDCW-50 (or view the taped Mass at any time at [adw.org/tvmass](http://adw.org/tvmass))
- ◆ **View a listing of live-streamed Masses around the Archdiocese** at <https://adw.org/live-streamed-masses-and-prayers/or/facebook.com/adw.org/>

**WHAT IF I CAN'T ATTEND MASS?:** The dispensation issued by Archbishop Gregory from the obligation to attend Mass during this time **remains in effect**. All persons who are subjects of the Archbishop of Washington no matter where they may be, and all other persons who are actually present in the Archdiocese of Washington who are under the obligation, are dispensed from the obligation until further notice (cann. 87 §1, 91).



*If my people who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. 2 Chronicles 7:14*

Join with us in prayer every Friday for **Holy Hour with Eucharistic Adoration** at 6PM in the church. Clergy will also be available to hear confessions at that time. Let us gather in prayer for the 'healing of our land'.

Please note that our church sanctuary is **OPEN** every day from 8AM-8PM for private prayer. Please remember to wear your mask and follow appropriate physical distancing. Hand sanitizer is available in the sanctuary.



During the pandemic, join Msgr. Pope online via Zoom. To receive the link and subsequent recordings, add yourself to our email list by subscribing to the group of your choice at [hscchurch.flocknote.com](http://hscchurch.flocknote.com).

- ⇒ **Monday Young Adult Bible Study** group begins at **8PM**. The current topic is **Acts of the Apostles**.
- ⇒ **Wednesday Bible Study** group begins at **7:15PM**. The current topic is the **First Letter to Timothy**.

**EWTN (Eternal Word TV Network):** The first Catholic Broadcasting Network (founded by Mother Angelica) airs family and religious programming from a Catholic point of view with inspiring talk shows, children's animation, exclusive teaching series, live coverage of Church events. Find out more at [www.ewtn.com](http://www.ewtn.com).