

How to Pray the Rosary

1. Make the **Sign of the Cross**
2. Holding the Crucifix, say the "**Apostles' Creed**"
3. On the first bead, say an "**Our Father**"
4. Say three "**Hail Marys**" on each of the next three beads
5. Say the "**Glory Be**"

6. For each of the five decades, announce the Mystery, and then say the "**Our Father**". While fingering each of the ten beads of the decade, next say ten "**Hail Marys**" while meditating on the Mystery. Then say a "**Glory Be**". and the **Fatima Prayer**: After finishing each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: "**O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy.**"



7. After saying the five decades, say the "**Hail, Holy Queen,**" followed by this dialogue and prayer:

V. Pray for us, O holy Mother of God. **R.** That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary, of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

THE MYSTERIES, THEIR SCRIPTURAL EVIDENCE & VIRTUES TO IMITATE:

Joyful Mysteries: (traditionally said on Mondays and Saturdays, except during Lent)

1. The Annunciation (Lk 1:26-38); **Trust, Purity, & Humility**
2. The Visitation (Lk 1:39-80); **Service to & Love of Community**
3. The Nativity (Mt 2:1-12 and Lk 2:1-20); **Love of God, Joy, & Peace**
4. The Presentation in the Temple (Lk 2:22-38); **Obedience**
5. The Finding of the Child Jesus after Three Days in the Temple (Lk 2:41-52); **Gift of Understanding, Knowledge, & Wisdom**

Luminous Mysteries: (traditionally said on Thursdays, except during Lent)

1. The Baptism at the Jordan (Mt 3:13-17; Mk 1:9-11; Lk 3:21-22 and Jn 1:29-34); **Purity**
2. The Miracle at Cana (Jn 2:1-11); **Fidelity**
3. The Proclamation of the Kingdom and the Call to Conversion (Mt 4:17 and 4:23-5:12); **Sorrow for Sin**
4. The Transfiguration (Mt 17:1-8; Mk 9:2-8 and Lk 9:28-36); **Courage**
5. The Institution of the Eucharist (Mt 26:26-29; Mk 14:22-25 and Lk 22:14-20); **Love of the Eucharistic Lord & Adoration**

Sorrowful Mysteries: (traditionally said on Tuesdays, Fridays; & daily from Ash Wednesday until Easter)

1. The Agony in the Garden; (Mt 26:36-50; Mk 14:32-45; & Lk 22:39-48); **Prayer, Meditation, & Contemplation**
2. The Scourging at the Pillar (Jn 19:1); **Prudence**
3. The Crowning of Thorns (Mt 27:27-31; Mk 15:16-20); **Honesty**
4. The Carrying of the Cross (Mt 27:32; Mk 15:21; Lk 2:22-38 and 23:26-31); **Patience**
5. The Crucifixion (Mt 27:33-54; Mk 15:22-39; Lk 23:33-47 and Jn 19:18-37); **Final Perseverance**

Glorious Mysteries: (traditionally said on Wednesdays except during Lent, & Sundays from Easter to Advent)

1. The Resurrection (Mt 28:1-10; Mk 16:1-11; Lk 24:1-12 and Jn 21:1-18); **Faith**
2. The Ascension (Mk 16:19-29; Lk 24:50-51 and Acts 1:6-11); **Hope**
3. The Descent of the Holy Spirit (Acts 2:1-4); Fortitude, **Courage, & Zeal**
4. The Assumption of the Blessed Virgin Mary into Heaven (Lk 1:52); **Piety**
5. The Coronation of the Blessed Virgin Mary, Queen of Heaven and Earth (Rev 12:1-5); **Honor of Mary**

PRAYERS

Apostles Creed:

I believe in God, the Father Almighty, Creator of Heaven and Earth And in Jesus Christ His only Son, Our Lord, Who was conceived of the Holy Spirit; Born of the Virgin Mary; Suffered under Pontius Pilate; Was crucified, died and was buried. On the third day, he rose again He ascended into Heaven and is seated at the right hand of God, the Father Almighty. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting, Amen.

Our Father:

Our Father, who art in Heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. Amen

Hail Mary:

Hail Mary, full of grace, the Lord is with Thee. Blessed art Thou among women and Blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God Pray for us sinners now and at the hour of our death. Amen

Glory Be:

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to heaven, especially those who are most in need of Thy Mercy.

Hail Holy Queen:

Hail, Holy Queen, Mother of mercy! Hail, our life, our sweetness and our hope! To Thee do we cry, poor banished children of Eve. To Thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate thine eyes of mercy towards us and after this, our exile, show unto us the blessed fruit of Thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O Holy Mother of God; **R.** That we may be made worthy of the promises of Christ.

Concluding Rosary Prayer: O God, whose only begotten Son, by his life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen