

An oil painting of a Black woman holding a baby. The woman is wearing a white headscarf with a colorful border and a red garment. She has large gold hoop earrings and a beaded necklace. The baby is wearing a purple headband. They are standing in a desert landscape with palm trees and a cactus. In the background, there is a small domed building and a camel. The text "BEFORE I FORMED YOU IN THE WOMB I KNEW YOU" is written in large white letters across the bottom of the painting.

BEFORE I FORMED
YOU IN THE WOMB
I KNEW YOU

JEREMIAH 1:5

THIRD SUNDAY IN ORDINARY TIME

Readings This Weekend:

Jonah 3:1-5, 10 1 Cor 7:29-31 Mark 1:14-20

Readings Next Weekend:

Deut 18:15-20 1 Cor 7:32-35 Mark 1:21-28



Today's readings give us some Disciplines of Discipleship. First of all, it is to not be defiant. Jonah is told by God to go to Nineveh and call them to conversion. But Jonah rebels and runs in the opposite direction. God has to draw Jonah to obedience. True disciples obey what God tells them to do. Secondly, our discipleship is to be unfettered. The second reading tells us that time is running short, that we should "buy as not owning and...to use as not using the world fully." Too often we are entangled in affairs of the world which increasingly demands all of our time, attention and resources. We are advised to detach and travel light, to be unfettered. Finally, we are advised to be unhesitant. When the Lord calls disciples in today's gospel they "immediately" leave their nets and businesses and follow him. Obviously such a radical move is not possible unless one is unfettered. Discipleship can be a radical call that makes big demands upon us. Without freedom we cannot answer.



FUNERALS: Michael Boyd (Jan 24th)
Timothy Robinson (Jan 26th)



MASS INTENTIONS FOR THE WEEK



Sunday, January 21

8:00am Lillian Yates †
9:30am Melvin Matthews †
11:00am Gilbert Johnson, Sr. †
7:00pm Everette Tyrone Coleman †

Monday, January 22 DAY OF PRAYER FOR THE UNBORN

7:00am Beatrice Warren †

Tuesday, January 23

7:00am Intentions of June Holton-Johnson (B-day)

Wednesday, January 24 SAINT FRANCIS DE SALES, BISHOP & DOCTOR

7:00am Martin Richard Ford †

Thursday, January 25 CONVERSION OF ST. PAUL, APOSTLE

7:00am Intentions of Hai-Y Le

Friday, January 26 SAINTS TIMOTHY & TITUS, BISHOPS

7:00am Intentions of Alicia Ferguson

Saturday, January 27 SAINT ANGELA MERICI, VIRGIN & RELIGIOUS FOUNDER

8:00am For the People
4:30pm Michael Boyd †



MASS INTENTIONS: It is a spiritual work of mercy to pray for others, both living and deceased. If you would like to offer a Mass in memory of a friend or family, call 202-546-1885 or hscstaff@hscchurch.org. The customary stipend is \$10 per intention.

DAILY READINGS FOR THE WEEK

MONDAY	2 SAM 5:1-7, 10	MARK 3:22-30
TUESDAY	2 SAM 6:12B-15, 17-19	MARK 3:31-35
WEDNESDAY	2 SAM 7:4-17	MARK 4:1-20
THURSDAY	ACTS 22:3-16	MARK 16:15-18
FRIDAY	2 TIM 1:1-8	MARK 4:26-34
SATURDAY	2 SAM 12:1-7A, 10-17	MARK 4:35-41



FAITH DIRECT (Electronic Tithing): We offer electronic tithing through *Faith Direct*. Here are 3 ways to get info and register:

1. Scan the QR code to the right.
2. Text "Enroll" to 301-478-8900 to give.
3. Go online to faith.direct/DC59 and register.

This eGiving service is **FREE**. You can register to have your tithes automatically deducted twice a month or give a one-time gift/donation. **Questions?** Contact Kim Peaks (kpeaks@hscchurch.org or 202-546-1885).



Stay Connected



- Visit our parish website (hscchurch.org) for news.
- **Subscribe to Flocknote** by texting "HCSC" to 84576 or visit <https://hscchurch.flocknote.com/> to sign up to receive emails with updates from the parish such as bulletins and homily notes. It's **FREE** and easy!
- Download the **MyParishApp** onto your mobile device. To get the app: visit your app store (*available for Android & Apple phones*). Turn on notifications so you can receive parish news. **And**, follow us on social media (**Facebook, Instagram, Twitter and YouTube**).

MASS ATTENDANCE
January 14, 2024

4:30pm	28
8:00am	52
9:30am	54
11:00am	144
7:00pm	54
Total:	332

THIS WEEK AT THE PARISH

Monday (1/22) 6:00pm Finance Council	Wednesday (1/24) 7:30pm Bible Study (Zoom)
Tuesday (1/23) 6:00pm Youth Choir Rehearsal 7:00pm Adult Choir Rehearsal	Friday (1/25) 6:00pm Holy Hour w/confession
	Saturday (1/26) 11:00am Knights of Peter Claver

WHAT'S HAPPENING AT HCSC! If you want to see what else is happening at the parish, check out our full **Parish Calendar** on our website at hscchurch.org. Click on the QR code to the right with your cellphone camera for instant access.



OUR CHURCH SANCTUARY IS OPEN FROM 8AM—8PM every day for you to come in for private prayer. Consider spending quiet, personal time in the presence of our Lord and pray for healing, strength, courage and for each other as we face many challenges and struggles throughout our daily lives. All are welcome.

OUR MISSION STATEMENT:

Holy Comforter-Saint Cyprian Roman Catholic Church, empowered by the Holy Spirit, exists to evangelize and to uphold Christian values by promoting the teachings of the Church in Word, Sacrament and Witness.

OUR VISION STATEMENT:

A welcoming, embracing and joyful faith family richly rooted in the community today, tomorrow and forever.

PARISH LIFE



Bishop Evelio Menjivar-Ayala will celebrate the **ADW Annual Wedding Anniversary Mass** on **Sat., Feb. 10, 2024, 10am** at the Basilica of the National Shrine of the Immaculate Conception. This Annual Mass is a celebration of the living vocation of all couples who provide a Catholic witness to the beauty of the Sacrament of Matrimony. Couples can attend the Mass **and/or** receive a certificate from Cardinal Wilton Gregory in honor of their anniversary. **Deadline to submit your names to attend and/or receive a certificate is Jan. 26th.** Contact the rectory office at 202-546-1885 or hscstaff@hscchurch.org to register. Any couple can attend or receive a certificate regardless of anniversary year.

DAY OF PRAYER FOR THE LEGAL PROTECTION OF UNBORN CHILDREN: The over 60 million abortions since the 1973 decisions of *Roe v. Wade* and *Doe v. Bolton* reflect with heartbreaking magnitude what Pope Francis means by a “throwaway culture.” However, we have great trust in God’s providence. We are reminded time and again in Scripture to seek the Lord’s help, and as people of faith, we believe that our prayers are heard.

And while, on June 24, 2022, the *Dobbs v. Jackson Women’s Health Organization* decision overturned *Roe v. Wade*, right now state and federal laws, in many instances, are still hostile to preborn children. So, great prayer and advocacy is still very needed. The General Instruction of the Roman Missal (GIRM), no. 373, designates **JANUARY 22** as a particular day of prayer and penance. In addition to our efforts to protect human life in law, we must also help women facing unexpected or difficult pregnancies, offering them the compassionate support they need to lovingly welcome the gift of their children. Spend some time on Jan. 22nd in prayer for mothers and their unborn children.



HCSC YOUTH MINISTRY SERVICE PROJECT:

We invite youth (ages 6-12) along with their families on **Sun., Feb. 4th** following the 11:00am Mass in the rectory basement for a special Valentine Day service project. This activity provides a way for our youth to exhibit in word the true love of God by writing messages in Valentine Day cards for our seniors. Light refreshments will be provided. Contact our Youth Director Nicki Gebrehiwot at youthdirector@hscchurch.org or 202-330-8302 to RSVP so we can know how many are coming.

2023 HCSC YEAR-END CONTRIBUTION (TITHING) STATEMENTS—will be prepared **only upon request** beginning **Fri., Feb. 2, 2024**. Statements will **not** be automatically distributed. Contact the rectory office (202-546-1885 or hscstaff@hscchurch.org) to request your statement. It can be mailed, emailed or picked up from the rectory. **NOTE:** only cash donations (submitted in an envelope with your name) and checks payable to Holy Comforter-Saint Cyprian are included in your statement. Your statement will **not** reflect loose cash donations.

FAITH DIRECT YEAR-END STATEMENTS: Those parishioners who electronically tithe through Faith Direct will automatically receive their 2023 year-end giving statement directly from Faith Direct at no additional cost as part of the online giving program.



LIVING WITH JESUS IN THE HOLY EUCHARIST

In this, the Year of the Holy Eucharist, our parish seeks to root and link all our activities, retreats and functions to Jesus who is present with us in the Holy Eucharist. We hope to deepen our personal encounter with the Lord Jesus who is truly and really present in the Holy Liturgy and Eucharist, to reinvigorate our devotion to Holy Mass and Eucharistic adoration, and to draw others to the realization that *Jesus is here right now!*

We are planning events, exhibits and videos which are on our website (hscchurch.org) and bulletin. Visit throughout the year since dates and times may change. **Scan the QR code to the right with your cellphone camera→ to link directly to the church webpage.**



We offer the ‘*Mass in Slow Motion*’ series by Msgr. Pope, throughout the year. This twenty-two part series explains the parts of the Mass and the relevance of everything within the liturgy. Copies are in the bulletin each week and on our website under *Living with Jesus in the Holy Eucharist*.

Visit our ‘**Eucharistic Miracles**’ exhibits in the rear of the sanctuary and learn about the supernatural power of the Eucharist. **NOTE: The exhibit changes every 2-3months.**

EUCCHARISTIC ADORATION / HOLY HOUR is held

EVERY FRIDAY from 6—7PM in the sanctuary. Gather and reflect in quiet prayer in the presence of the Blessed Sacrament. Confessions are also heard at this time. **HOLY HOUR INTENTION FOR 1/26**—pray for our government leaders to protect the dignity of life.



SAVE THE DATE: Lenten Family Day—Sun., Feb. 18th following the 11am Mass at the school building. Come and gather together as a parish family for food, teachings and games as we begin the season of Lent. We had a nice gathering for Advent Family Day in December and we want to continue the fellowship as we prepare for the great feast of Easter. See flyer to RSVP or visit our website.



HCSC PILGRIMAGE TO IRELAND:

Join Msgr. Pope on a pilgrimage to Ireland, the land of Saint Patrick, on **Nov. 4—14, 2024**. The cost includes non-stop roundtrip flights from Dulles Int’l Airport (United Airlines) along with hotels, meals, tour bus and guides. See brochure in rear of the church for details.

HOLY COMFORTER-SAINT CYPRIAN ROMAN CATHOLIC CHURCH

1357 East Capitol Street, SE, WDC 20003

202.546.1885 ❖ www.hscchurch.org

Rev. Msgr. Charles Pope, Pastor (pastor1@hscchurch.org)

Deacon James P. Flagg II (jpfaggll@gmail.com)

For information on membership, sacraments and funerals contact rectory staff at hscstaff@hscchurch.org or (202) 546-1885.

Mass Times: **Saturday** 8am & 4:30pm (vigil);
Sunday 8am, 9:30am, 11am and 7pm;
Weekdays Mon—Fri: 7am (8am on holidays)

Rectory Office Hours:

Monday, Tuesday, Wednesday and Friday: 10am—6pm
Thursday, Saturday & Sunday: Closed



**HOLY COMFORTER-ST. CYPRIAN
YOUTH MINISTRY**

A NOTE OF LOVE

Service Project

**Sunday, February 4, 2024
1:00pm - Rectory Basement**

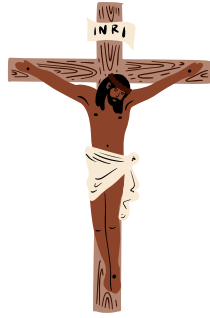
We invite youth (grades 6-12) to join with us for a Valentine Day service project! This activity provides a way for our youth to exhibit in word the true love of God by writing messages in Valentine Day cards for our seniors. By adding their thoughts and signing these cards, they are sharing that gift of love with others.

Light refreshments provided.

Please RSVP to youthdirector@hscchurch.org or 301-330-8302 so we can be prepared with supplies for all.

Lenten Family Day

MORE ABOUT JESUS WHO DIED FOR ME



Sunday, February 18, 2024

1:00-3:30 PM

CENTER CITY PUBLIC CHARTER SCHOOL CAFETERIA

15TH & EAST CAPITOL STREETS, S.E. – PARKING IN LOT BEHIND SCHOOL

Join the Holy Comforter-St. Cyprian Church parish family for an afternoon of lessons, food and fellowship as we explore and prepare for the Season of Lent.

Along with an adult session, we offer sessions for youth in pre-k thru high school. Lunch is offered for those who RSVP by **Feb. 11th!**

3 Ways to RSVP

1

Fill out this form, detach and drop into the collection basket or rectory office.

2

Call the rectory office at 202-546-1885 or email your RSVP info to hscstaff@hscchurch.org

3

Scan the QR code with your cellphone camera and tap the website that appears to RSVP online at hscchurch.org



HCSC Lenten Family Day Registration

ADULT 1: _____

ADULT 2: _____

CONTACT PHONE & EMAIL: _____

YOUTH 1: _____

GRADE: _____ AGE: _____

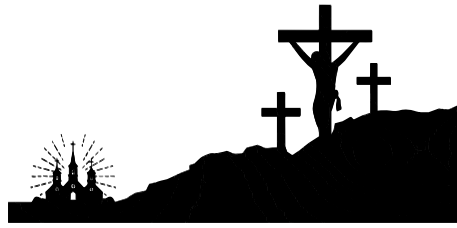
YOUTH 2: _____

GRADE: _____ AGE: _____

YOUTH 3: _____

GRADE: _____ AGE: _____

Add additional family members or friends on back of form

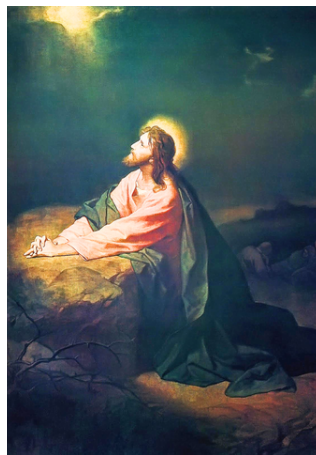


Lenten Family Day Theme

More About Jesus Who Died For Me

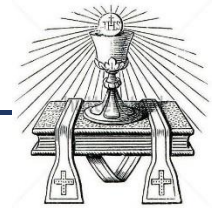
Our Lenten family day theme is a line from an old hymn that urges our soul to seek always the love and mercy offered by Jesus in his Sacrifice on Calvary. The crucifixion is not merely an event locked in history some two thousand years ago. It radiates across time and touches us now, especially in every Mass!

In the Mass, Jesus reaches across history and touches us from the Cross applying its grace to us. These graces are so important for us that Jesus did not want to limit its effects to one moment in history. In Mass we go to the foot of the cross and experience "more of His love who died for me." We invite you, your family and friends to come to this Lenten Family day and learn more of this beautiful understanding of Holy Mass.





The Mass in Slow Motion



The Creed

This is a series on the Mass explaining the meaning and history of what we do each Sunday. This series of flyers is an attempt to add insight and understanding to our celebration of the Sacred Liturgy. You are also invited to learn more by attending Sunday School classes for adults which take place in the school cafeteria each Sunday from 9:45 am. to 10:45 am.

This series will follow the Mass in order.



At this point in the Mass, we confess our faith, a faith that many died for. The Creed stands at the center of the Liturgy and fundamentally declares “I believe” what we are celebrating here. I believe what we have just heard proclaimed in the readings and the homily. I believe in God who is Father, Son, and Holy Spirit. I believe what God has done for me and that it is possible for me to be saved, sanctified, and share in God’s glory. I, standing here, declare that I believe in these things which we declare and celebrate. The word Creed comes from the Latin word, “Credo”, which means “I believe”. The Creed is also called the Profession of Faith.

The history of the Nicene Creed itself is a bit complex. The basic outline of the Creed, as we know it today, was given at the Council of Nicaea (325 AD). This does not exactly coincide with our present Creed. The text we have today was actually approved by the Council of Chalcedon (451 AD). There is one exception: the word, “Filioque” (indicating that the Holy Spirit proceeds from the Father and the Son), was added by the Council of Toledo in 589 AD. The Eastern Church never accepted the insertion of this word even though the teaching was not disputed. The dispute arose since there were

no representatives from the Eastern Church present when the change was made. That is why, until this day the term does not appear in Eastern Orthodox Liturgies.

The use of the Creed was primarily associated with baptismal liturgies, at first and was often recited in the form of questions and answers. Later the whole Creed was memorized and recited just before baptism. It entered the Mass, first in the East in the early 6th Century, and did so due to difficulties with heresies. It was ordered recited at every liturgy by Timotheus, Patriarch of Constantinople, between 511 and 517 AD. This example was copied everywhere in the East.

Its entrance into the Western part of the Church came through Spain, which was strongly influenced by the Eastern practice. It was recited just before the Our Father so that, before the Body and Blood of the Lord were received, the hearts of all might be purified by faith. Thus, with the Our Father, it was considered a prayer of preparation for communion. By the 8th Century the Creed appeared in the Gallican (French) liturgy. Once again, a struggle against heresy seems to have been behind its adoption. Charlemagne obtained permission from Pope Leo III and introduced the Creed into the Mass at his palace and, largely through this influence, its use slowly spread throughout the Carolingian Empire. From here it spread to England and Ireland, slowly.

Still, by this point it was not in the Liturgy at Rome. This greatly surprised the emperor Henry II who, in 1064 heard Mass in Rome without the Creed. The Roman priests explained that, since heresy had never been a problem in Rome, it was not necessary to profess the Creed so often. But for some reason, Henry pressured to have the Creed included, and Pope Benedict VIII directed it be included but only on Sundays and certain feasts.



The Creed was recited by the whole congregation at first. But slowly the text began to be sung in simple melodies. But these melodies grew in complexity and gradually slipped from the people; especially as more sophisticated harmonies came into use. Today, the preference is expressed in the norms that the people ordinarily be able to recite the Creed together. But this does not forbid it being sung, even elaborately. However, as we have seen with other texts, a balance between congregational participation and preserving the rich musical heritage of the Church is presumed.

Pastoral Reflections—In contrast with the Apostles' Creed, an older Creed in which the faith is asserted simply and forthrightly, the Nicene Creed is characterized by its theological clarity and richness. It is a theological and polemical declaration giving orthodoxy a clear exposition. But it must be recalled that the Creed's purpose is not so much to oppose heresy, as it is to unfold the contents of our faith. Hence the Creed, occurring as it does at the end of the Liturgy of the Word, is seen as the joyous "yes" of the congregation to the message they have received. Tampering with this text, text that martyrs died for, is surely uncalled for.



The Profession of Faith (Creed) is said by the priest and the people. At the words: "By the power of the Holy Spirit, etc." all are instructed to bow. On the feasts of the Annunciation and Christmas all genuflect. Despite this rather clear directive, this is not often done in the average parish. Once again, it is good to appreciate that the mystery of the Incarnation is so wonderful that we, in reverence, are to bow. Until the recent past, a genuflection was always called for, now a bow is the directive. Nevertheless, we are to indicate by our posture our awe of the mystery.

Notice the basic structure of the Creed: We believe in One God:

1. The Father Almighty
2. In Jesus Christ
3. In the Holy Spirit
4. The Church

This structure shows figuratively how the Church strengthens the teaching about the Trinity. The Church is an object of faith! It is through the Church that the faith is given, and hence, she is the foundation of and the safe-guarder of the Faith. Another thing to note about the Creed is that it is not a full catechism of the Faith. Rather, those truths about the faith that were most disputed in the early Church are listed and emphasized.

Holy Comforter-Saint Cyprian Catholic Church

1357 East Capitol Street, S.E.

Washington, D.C. 20003

202-546-1885 www.hcscchurch.org

Mass schedule: Sundays: 8 am, 9:30 am, 11 am & 7 pm; Saturdays: 8 am & 4:30 pm; Daily: 7 am in the chapel

<p>In Memory of John N. Graham Catherine E. Graham Joan M. Graham Ernestine C. Jackson <i>Always Loved, Remembered, Missed</i></p>	<p align="center">  Pope Funeral Homes www.popefuneralhomes.com Washington Chapel 2617 Penn. Avenue, S.E. Washington, D.C. 20020 (202) 583-5400 Administrative Office 5540 Marlboro Pike Forestville, MD 20747 (301) 568-4100 Forestville Chapel, P.A. 5538 Marlboro Pike Forestville, MD 20747 (301) 568-4100 </p>	<p> Charles Ransome Owner 12011 Wimbeldon St Upper Marlboro, MD DYNAMITE TEES Sweatshirts, T-Shirts, Hats, Jackets & Tote Bags at a Price You Can Afford! 301.218.0475 • C: 301.655.8659 </p>		
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<p align="center"> <i>In Memory of our Deceased</i> KNIGHTS OF COLUMBUS  HCSC </p>	<p align="center"> <i>In Loving Memory of</i> JAMES A. AND ELIZABETH G. HILL AND VERMELLE H. HOWARD <i>Love Always, The Family</i> </p>	<p align="center"> <i>In Loving Memory of</i> OTHA JOHN HAMER JR. OTHA JOHN HAMER III "ETERNAL LOVE" ~Anna, Othalene, Lataunya, Betty - wife and mother </p>	<p align="center"> <i>In Loving Memory of</i> Lillian H. Myrick Charles Myrick Sr. Leon (Tony) Myrick Lucy Myrick Lucy Jones Shirley Ann Jackson <i>The Family</i> </p>	<p align="center"> <i>In Loving Memory of</i> Mattie Barclay Helene Crutchfield Edgell Fairfax Elizabeth Fairfax Clyde Fairfax Sr. Clyde (Guy) Fairfax Jr. <i>The Family</i> </p>
<p align="center"> <i>In Memory of</i> Our Deceased Members HCSC Holy Name Society </p>	<p align="center">  In Memory of OUR DECEASED SODALISTS HCSC SODALITY </p>	<p align="center"> In Loving Memory of The Deceased Jenifers: Oscar, Mary, Helena, Bay, David, Baby Sis, Beverly, Frankie, David, Neal, Kimberly, Cyprian Jr., Jovan Still Loved, Still Missed & Very Dear, The Family </p>	<p align="center"> <i>In Memory of</i> Winnie, Ray, Bertie </p>	<p align="center"> <i>In Memory of</i> Hump, Will, Henny </p>
<p align="center"> <i>In Loving Memory</i> Austina H. Jones <i>Mother</i> We Love You Always Willie, Lawrence & Maria </p>	<p align="center"> <i>To Our Beloved</i> Kenyon E. Jones <i>Son & Father</i> We'll always love you, Mom, Kids & Denita  </p>	<p align="center"> IN LOVING MEMORY OF Anthony Maxwell Smart (Tony) - The Family </p>	<p align="center"> EWTN.COM/RADIO  EWTN Global Catholic Radio TUNE IN </p>	
<p align="center"> <i>In Loving Memory of</i> Devin M. Wright <i>Love Always, The Family</i> </p>	<p align="center"> <i>In Loving Memory of</i> James O. & Reba L. Neale and Alice Neale Thornton The Family </p>	<p align="center"> <i>In Loving Memory of</i> James & Hattie Nicholson & Norman Williams ♡ From the Family ♡ </p>	<p align="center">  Get this bulletin emailed to you every week. </p>	
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