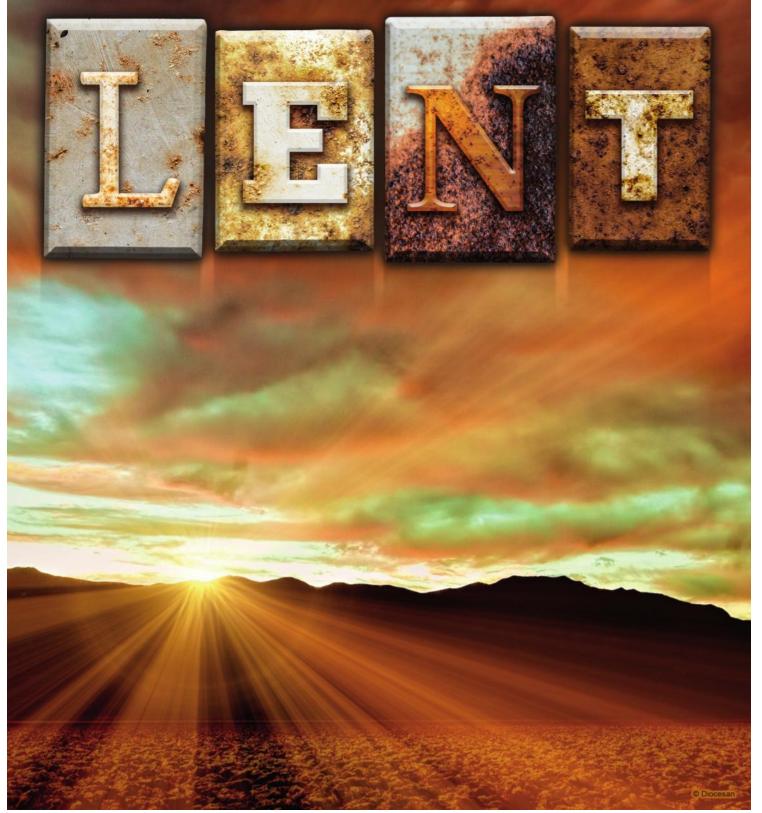
Almsgiving @ Praying <a> Fasting



HOLY COMFORTER-SAINT CYPRIAN ROMAN CATHOLIC CHURCH

THIRD SUNDAY IN LENT

Readings This Weekend	:	
Exodus 20:1-17 1	Cor 1:22-25	John 2:13-25
Readings Next Weekend	l:	
2 Chron 36: 14-16, 19-23	Eph 2:4-10	John 3:14-21



The readings today all speak to us of the Power in the Blood of Jesus Christ and of our need for that power. Note first the PRESENTATION of the Commandments. Now most of us moderns see things like the

Commandments merely as "rules." However, the deeper reality we must see is that in giving us commandments, the Lord is both summoning us to freedom, and describing what a free and transformed human person is like. In the Old Testament times the law could do little more than give a vision and summon obedience. But in New Testament times, by the power of Grace, through the power of his blood, the Lord Jesus can actually bring about this vision in our lives. Note next, the **PURIFICATION by Jesus.** We see in the Gospel that he cleanses the Temple. Now this act is more than a story about a building 2000 years ago. For we, as Scripture says, are the Temple of God. And the first thing the powerful Blood of Jesus does for us is to cleanse us from our sins. But that is not enough. Note lastly the POWER in the Blood. St. Paul says of Jesus Crucified that He is the "Power of God and the Wisdom of God." Hence, his blood and cross convey real power to us. He gives us a new mind and heart, a new principle of power wherein he transforms us, by stages, into the very glory of God. It is this glory that the commandments and all the moral precepts of Scripture describe.

MASS INTENTIONS FOR THE WEEK

Sunday, March 3

Sunuay,	
8:00am	Charisse Fairfax Brown (B'day) 🕇
9:30am	Bertha Regina Vanzego 🕇
	Shelton Smith (B'day)
7:00pm	Russell Dewitt Colbert +
Monday,	March 4
8:00am	Sr. Mary Charlotte Marshall, OSP †
Tuesday,	March 5
7:00am	Alice James †
	lay, March 6
7:00am	George T. Holton, Jr. (B'day) †
Thursday	y, March 7 Sts. Perpetua & Felicity
7:00am	Sarah Shackelford †
Friday, N	larch 8 St. Joнn of God
7:00am	James Campbell †
Saturday	v, March 9
8:00am	For the People
4:30pm	Joyce Garnes 🕇

DAILY READINGS FOR THE WEEK

Monday	2 Kings 5:1-15	LUKE 4:24-30
TUESDAY	DANIEL 3:25, 34-43	Matt 18:21-35
WEDNESDAY	Deuteronomy 4:1,5-9	Matt 5:17-19
THURSDAY	Jeremiah 7:23-28	LUKE 11:14-23
FRIDAY	Hosea 14:2-10	Mark 12:28-34
SATURDAY	Hosea 6:1-6	Luke 18:9-14

View this bulletin online at www.DiscoverMass.com

FAITH DIRECT (Electronic Tithing): We FAITH DIRECT[®] offer electronic tithing through Faith Direct. inspiring secure giving * Here are 3 ways to get info and register: Scan the QR code to the right. 1. Text "Enroll" to 301-478-8900 to give. 2. 3. Go online to faith.direct/DC59 and register. This eGiving service is **FREE**. You can register to have your tithes automatically

deducted twice a month or give a one-time gift/donation. Questions? Contact Kim Peaks (kpeaks@hcscchurch.org or 202-546-1885).



Stay Connected

- Visit our parish website (hcscchurch.org) for news.
- Subscribe to Flocknote by texting "HCSC" to 84576 or visit https://hcscchurch.flocknote.com/ to sign up to receive emails with updates from the parish such as bulletins and homily notes. It's **FREE** and easy!
- Download the MyParishApp onto your mobile device. To get the app: visit your app store (available for Android & Apple phones). Turn on notifications so you can receive parish news. And, follow us on social media (Facebook, Instagram, Twitter and YouTube).

Mass Attendance February 25, 2024					
4:30pm	39				
8:00am	58				
9:30am	38				
11:00am	158				
7:00pm	<u>61</u>				
Total:	354				

THIS WEEK AT THE PARISH

Wednesday (3/6) 7:30pm Bible Study (Zoom)

40 Hours Devotion Continues 6:00pm Holy Hour w/confession

Thursday (3/7) 7:00pm Mass for 40 Hours 8:00pm 40 Hours Devotion begins

Saturday (3/9)

Friday (3/8)

40 Hours Devotion continues 11:00am Closing Mass for 40 Hours

OUR CHURCH SANCTUARY IS OPEN FROM

8AM-8PM every day for you to come in for private prayer. Consider spending quiet, personal time in the presence of our Lord in prayer.





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MASS INTENTIONS: It is a spiritual work of mercy to pray for others, both living and deceased. If you would like to offer a Mass in memory of a friend or call familv. 202-546-1885 or hcscstaff@hcscchurch.org. The customary stipend is \$10 per intention.

OUR MISSION STATEMENT:

Holy Comforter-Saint Cyprian Roman Catholic Church, empowered by the Holy Spirit, exists to evangelize and to uphold Christian values by promoting the teachings of the Church in Word, Sacrament and Witness.

OUR VISION STATEMENT:

A welcoming, embracing and joyful faith family richly rooted in the community today, tomorrow and forever.

MARCH 3

3RD SUNDAY IN LENT

PARISH LIFE

Sister Mary Charlotte Marshall, OSP, passed away on Friday, February 23, 2024. Sr. Charlotte served as Principal at Holy Comforter-Saint Cyprian School. She also served as an educator in a number of parish schools in the



Washington, DC area. Her funeral is Monday, March 4th at 11am (wake at 10am) at the Oblate Sisters of Providence Motherhouse (701 Gun Rd., Baltimore, MD). We are very grateful for her service. *Eternal rest, grant unto her, O Lord, and may perpetual light shine upon her.*





LIVING WITH JESUS IN THE HOLY EUCHARIST

In this, the Year of the Holy Eucharist, our parish seeks to root and link all our activities, retreats and functions to Jesus who is present with us in the Holy Eucharist. We hope to deepen our personal encounter with the Lord Jesus who is truly and really present in the Holy Liturgy and Eucharist, to reinvigorate our devotion to Holy Mass and Eucharistic adoration, and to draw others to the realization that Jesus is here right now!

We are planning events, exhibits and videos which are on our website (hcscchurch.org) and bulletin. Visit throughout the year since dates and times may change. Scan QR code to the right with cellphone camera→ to link directly to the church webpage.



We offer the '*Mass in Slow Motion*' series by Msgr. Pope, throughout the year. This twenty-two part series explains the parts of the Mass and the relevance of everything within the liturgy. Copies are in the weekly bulletin and on our website under *Living with Jesus in the Holy Eucharist*. (or scan QR code above).

Visit our 'Eucharistic Miracles' exhibits in the rear of the sanctuary and learn about the supernatural power of the Eucharist. NOTE: The exhibit changes every 2-3months.

EUCHARISTIC ADORATION / HOLY HOUR is held EVERY FRIDAY from 6—7PM in the sanctuary. Gather and reflect in quiet prayer in the presence of the Blessed Sacrament. Confessions are also heard at this time. HOLY HOUR INTENTION FOR 3/8—pray for the Holy Spirit to fill the hearts of the faithful and renew our parish with the fire of God's love.

WE ARE LOOKING FOR THOSE WHO LIKE TO DECORATE! We need to decorate our beautiful sanctuary for Easter (*March 31st*) and we could use your help! We need people who have ideas of how to decorate our sanctuary **and** those who can assist with the actual decorating (*on Sat., March 30th*). **Interested?** Contact Kim Peaks at



kpeaks@hcscchurch.org or 202-546-1885 ext 11 of you have decorating ideas or if you can come to help decorate. Any assistance is appreciated.

HOLY COMFORTER-SAINT CYPRIAN ROMAN CATHOLIC CHURCH 1357 East Capitol Street, SE, WDC 20003 202.546.1885 * www.hcscchurch.org Rev. Msgr. Charles Pope, Pastor (pastor1@hcscchurch.org) Deacon James P. Flagg II (jpflaggll@gmail.com)

For information on membership, sacraments and funerals contact rectory staff at hcscstaff@hcscchurch.org or (202) 546-1885.

Mass Times	: Saturday	8am & 4:30pm (vigil);
	Sunday	8am, 9:30am, 11am and 7pm;
	Weekdays	Mon—Fri: 7am (8am on holidays)
Rectory Offi		
		ednesday and Friday: 10am—6pm
Thu	irsday, Saturday 8	Sunday: Closed



Let us help you plan your Easter Dinner

Sponsored by

Holy Comforter-Saint Cyprian Women's Ministry

Order your Honey Baked Ham, Turkey, Ribs, Side Dishes, Delicious Desserts and more.

Use <u>order form</u> on the back. All orders and payments must be submitted no later than March 23rd to a member of the Women's Ministry (see list below) or the Rectory Office.

Make checks payable to Holy Comforter-St. Cyprian (write Honey Baked Ham in memo)

All orders must be picked up on Saturday, March 30th at

Center City Public Charter School Cafeteria

1501 East Capitol Street, SE, Washington, DC (enter and park in lot in rear of school)

between 12:00 noon and 2:00 pm

All orders that are not picked up by 2:00 pm will be donated





For ordering information, contact

Shirley Austin (202) 368-7231 Robin Brooks (202) 271-2940 Laura Stanton (301) 326-9467 Bertha Colbert (301) 567-9786 Miriam Towsend-Edelen (301) 219-7986 Wanda Ross (301) 523-1017 Brenda Worthy (202) 355-4075 Linda Simpson (301) 735-6432 June Holton-Johnson (301) 529-7114



Customer Name:

Phone number:

	_			C	RDER .
	Ha	m			
Item		Price	Quantity	Total .]
7lb Honey Baked Ham	\$	98.00			
Quarter Hams	\$	70.00			
8lb Honey Baked Ham	\$	112.00]
9lb Honey Baked Ham	\$	126.00	and the second		
10lb Honey Baked Ham	\$	140.00			ŕ
4lb Boneless Half Ham	\$	60.00]
9lb Boneless Whole Ham	\$	135.00]
	Turi	key			
Smoked Turkey Breast	\$	45.00			
Roasted Turkey Breast	\$	45.00	Cond.	in the	
		r Pairs			2
8lb Honey Baked Ham & Smoked Turkey Breast	\$	157.00			
8lb Honey Baked Ham &					1
Roasted Turkey Breast	\$	157.00			
4lb Boneless Half Ham & Roasted Turkey Breast	\$	105.00			
4lb Boneless Half Ham & Smoked Turkey Breast	\$	105.00	1000	302	1

Sweetest duos: (seleç		other side)
Honey Baked Home (8 lb) & Pie	\$	127.00	
Boneless Half Ham (4 lb) & Pie	\$	75.00	
The Perfect Gifts: Boneless Half Ham (8 lb) & 2 sides (make separate sheet to		.1 31063-01	- ourier, side
identify sides per order)	1		A CONTRACTOR OF CONTRACTOR
identify sides per order)	\$	134.00	

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Wh	iole <u>T</u>	urkey		
Cajun Whole Turkey (10-12 lbs)	\$	55.99	A 2011	11.1
Smoked Whole Turkey (10-12 lbs)	\$	55.99		
Roasted Whole Turkey (10-12 lbs)	\$	55.99		
0	ther l	tems		1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1
Ribs	\$	22.99		
Bacon: Sweet Bacon	\$	13.99		
Hawaiian Rolls	\$	5.99		10000

Sides Selection (If not paired wit	h item, single	sale is \$11.99	each)
Item	Price	Quantity	Total
Loaded Mashed Potatoes	\$ 11.99		
Turkey Gravy	\$ 11.99		
Sweet Potato Souffle	\$ 11.99		
Green Bean Casserole	\$ 11.99		
Double Cheddar Macaroni & Cheese	\$ 11.99		1
Tuscan-Style Broccoli	\$ 11.99		
Baked Cinnamon Apples	\$ 11.99		
Cheesy Potatoes Au Gratin	\$ 11.99		
Cornbread Stuffing	\$ 11.99		
Creamery Russett Mashed Potatoes	\$ 11.99		

Sweet Treats (If not paired with a meat, each price is listed)

Cinnamon Walnut Coffee Cake	\$ 22.99		-		
Blueberry Coffee Cake	\$ 22.99				-
New York Style Cheesecake	\$ 22.99	-			
New York Style Cheesecake Sampler	\$ 22.99				
Apple Walnut Caramel Pie	\$ 14.99	_	_		
Southern Pecan Pie	\$ 14.99				
Whole Rum Cakes: Vanilla; Chocolate, Cinnamon	\$ 26.99		L	A	
Rum Cake Sampler: Contains all flavors as mini bundt cakes	\$ 26.99				

Make Checks payable to Holy Comforter-St. Cyprian Write Honey Baked-Ham in the Memo

Total

1

Plus 6% Tax

Grand Total

HONEYBAKED HAM

4



Holy Comforter-St. Cyprian Catholic Church and the Social Concerns Ministry

2024 LENTEN FOOD DRIVE

This year, our parish in conjunction with the Oblate Sisters of Providence hosts a food drive for a young teenager named *Gifty* and her village in Ghana. Let us give of ourselves during Lent to help others.







Gifty in a donated wheelchair from the Sisters.

We ask you to puchase some of the items from the list below and return no later then **Sun., April 7th** (*Divine Mercy Sunday*). Leave food donations in the lobby of church or bring to rectory. Monetary donations are also accepted (*to be used for shipping expenses to Africa*). Cash or check made payable to HCSC and drop in collection basket or at the rectory. PLEASE indicate FOOD DRIVE on your check or enclose cash in envelope (*ask usher for blank envelope*). You can also donate electronically through Faith Direct by scanning the QR code and giving a one time gift to the Lenten Food Drive.

Oatmeal Rice Cooking oil Sugar-free crackers Black Beans Brown Sugar

Canned Sardines Tomato Paste Nido Infant Dry Milk Powder Vegetable Oil Hot Chocolate

The Mass in Slow Motion

Acclamations of Eucharistic Piety



This is a series on the Mass explaining the meaning and history of what we do each Sunday. This series of flyers is an attempt to add insight and understanding to our celebration of the Sacred Liturgy. You are also invited to learn more by attending Sunday School classes for adults which take place in the school cafeteria each Sunday from 9:45 am. to 10:45 am.

This series will follow the Mass in order.

Although the priest alone, speaking in the person of Christ, addresses the Father in the Eucharistic prayer, there are moments, when the lay faithful make certain acclamations. To acclaim something means to speak of it with approval or praise, and that is what these acclamations do. They are meant to said or sung by the people, not the priest-celebrant.

Let's consider three rather humble but important moments that are often lost in the minds and hearts of the faithful - *the Mystery of Faith, the Amen, and the Agnus Dei.* They rise in importance because they are moments that belong especially to the faithful rather than the clergy.

The Mystery of Faith (Memorial Acclamation) - In the Ordinary Form of the Roman Rite, this acclamation of the people has been added just after the consecration. The priest bids them to acclaim the paschal mystery that has just been made present in the Eucharistic Sacrifice. Some have called this addition to Mass is the "Pauline Comment." It is so named for the fact that after repeating the words of consecration, St. Paul adds a kind of comment:

For I received from the Lord what I also passed on to you: that the Lord Jesus, on the night He was betrayed, took bread, and when He had given thanks, He

broke it and said, "This is My body, which is for you; do this in remembrance of Me." In the same way, after supper He took the cup, saying, "This cup is the new covenant in My blood; do this, as often as you drink it, in remembrance of Me." [And then St. Paul comments]: For as often as you eat this bread and drink this cup, you proclaim the Lord's death until He comes. (1 Cor 11:23-26)

Critics of the Memorial acclamation see it as a novelty and intrusion into the Roman Rite. They also see it as given merely to imitate the Eastern rites or to give the people something to do in a prayer otherwise uttered entirely by the priest to the Father. However, the criticisms are not without any merit. This practice was largely unknown in the Western rite until 1970, and, if the response of the people is desired, it is complicated by the fact that three different versions are offered, each of which differ in ways from the "Pauline comment" as recorded in scripture.

All of this said, the response *is* there and the faithful are invited to make an acclamation by the celebrant. He says or sings "The mystery of faith." At this point the rubrics indicate "And the people continue, acclaiming …" Note that it is not anticipated that the priest should join them.

There are three options:

- 1. We proclaim your death or Lord, and profess your resurrection, until you come again.
- 2. When we eat this Bread and drink this Cup we proclaim your death O Lord, until to come again.
- 3. Save us Savior of the world, for by your Cross and Resurrection, you have set us free.

As noted, a difficulty is introduced here by the three options. In Masses that are not sung, it is unclear to the faithful which acclamation should be sung. Hence the priest might have to get them started by signaling the first few words. These acclamations echo the practice of the Eastern Churches, which contain several acclamations by the people during the Eucharistic Prayer







(specifically the Anaphora). For example, in the Liturgy of St. John Chrysostom, the people sing "Amen" after the consecration of the bread and again after the consecration of the wine. The priest then sings, Thine own, of thine own, we offer unto thee, on behalf of all and for all. And the people respond, We praise thee, we bless thee, we give thanks unto thee and we pray unto thee, Lord our God.

The people's response, not the priest. The memorial acclamation is a moment for the people to acclaim the paschal mystery that has just been made present to them. Too often, unfortunately, they seem distracted or uninvolved. Clergy should not usurp the acclamation for themselves by singing or saying it too loudly. Even if it is necessary to "get the people started," the priest should then pull back and listen reverently to the response that really belongs to the congregation. This is a moment for the people of God to express their praise and worship of the Lord, now present on the altar, in a reverent fashion. They also express by the acclamation that the passion, death and resurrection are made present to them. Clergy should instruct the faithful on the meaning and importance of this moment in terms of Eucharistic piety and faith.

The (Great) Amen- The Amen at the end of the Eucharistic prayer is another moment for God's people to acclaim their "yes," solemnly and joyfully, to what has just taken place. In this case as well, the speaking or the singing of the "Amen" is assigned to the people, not the clergy. The instructions state, "The people acclaim: Amen."

The celebrant, in the person of Christ, has been speaking to the Father on their behalf, recalling the great works of God and the Sacrifice of the Cross made present in the Eucharist. He has asked mercy for the Church: the clergy and all the people, living and deceased. At the conclusion, the celebrant and deacon hold aloft the Body and Blood of the Lord and sing or say,

Through him and with him and in him, O God almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, forever and ever.

It is then for the people, not the celebrant, to acclaim "Amen." It is their "yes," their acknowledgment of all that has been said and has taken place. Thus, the "Amen" ought to be a vigorous one. There is no need for histrionics, but a good, firm "Amen" is surely called for as a sign of our Eucharistic faith and our grateful hearts. Eucharistic piety demands more than a distracted, feeble "Amen."

The Agnus Dei (Lamb of God) - Just prior to the Agnus Dei, the optional (though seldom omitted) sign of peace is sung or said. Unfortunately, there are often excesses in what ought to be a modest greeting to those immediately nearby. These excesses often lead to the eclipse of what is a beautiful and pious hymn of preparation for Holy Communion: *Lamb of God you take away the sins of the world, have mercy on us ... grant us peace.* Here is a hymn of eucharistic piety meant to prepare us for Holy Communion. The words are very tender. We sing to Him who is the Lamb of God, present on the altar, to have mercy on us and grant us peace to approach the Eucharistic altar with joy and confidence. The Agnus Dei is especially a song of the people because the celebrant is usually busy with other prayers. He may join towards the end, but this is a moment for the people to prepare themselves for Holy Communion. More will be said of the Angus Dei in a future flyer.

Here, then, are three acclamations of Eucharistic piety that help frame the liturgy and draw us to devotion. Ideally, the faithful can discover their own role here and see that the acclamations are not mere formulae, but prayers of a people who believe and celebrate what is announced.

Holy Comforter-Saint Cyprian Catholic Church 1357 East Capitol Street, S.E. Washington, D.C. 20003 202-546-1885 <u>www.hcscchurch.org</u> Mass schedule: Sundays: 8 am, 9:30 am, 11 am & 7 pm; Saturdays: 8 am & 4:30 pm; Daily: 7 am in the chapel

