



*3rd Sunday  
of Easter*

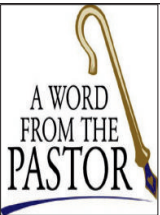
**THIRD SUNDAY OF EASTER**

**Readings This Weekend:**

Acts 3:13-19            1 John 2:1-5            Luke 24:35-48

**Readings Next Weekend:**

Acts 4:8-12            1 John 3:1-2            John 10:11-18



The Gospel today draws us deeper into resurrection themes. It opens with some of the apostles gathered having heard news of the resurrection. The women have seen Jesus, the disciples returning from Emmaus have seen him, and Peter has just seen him. Forgetful, it would seem, of His promise to rise in three days, they who have not seen remain confused, troubled, and trying to process everything. But in the midst of all this, Jesus appears and, in effect, celebrates a Mass with them. It is this Liturgy that reorders their life and sets them on the right path. First there is a gathering rite. The apostles are gathered, though shaken, they are at least gathered. And where two or more are gathered, there is Jesus in the midst of them. He then celebrates a kind of penitential rite asking, "Why are you troubled...why do questions arise in your heart?...Look and see that I, the Lord, am with you." He also celebrates a kind of Liturgy of the Word, reminding them of everything written of him in the Law and prophesized by the prophets. He opens their minds to an understanding of the Scriptures. He also eats with them in a kind of Eucharistic meal. While the baked fish may not remind us moderns of the Eucharist, the symbol of the fish did in fact remind the early Christians of the Eucharistic food because the Ichthus (Greek for fish) was used as an acronym and meant: Jesus Christ, Son of God and Savior. Finally, having reordered their lives and reassured them, he sends them forth in a kind of dismissal rite saying, "You are witnesses of these things, repentance for the forgiveness of sins is to be preached to all the nations...." How about you? How does the Lord use the Mass each Sunday to reorder your life?



**FAITH DIRECT (Electronic Tithing):** We offer electronic tithing through *Faith Direct*. Here are 3 ways to get info and register:

1. Scan the QR code to the right.
2. Text "Enroll" to 301-478-8900 to give.
3. Go online to [faith.direct/DC59](http://faith.direct/DC59) and register.

This eGiving service is **FREE**. You can register to have your tithes automatically deducted twice a month or give a one-time gift/donation. **Questions?** Contact Kim Peaks ([kpeaks@hscchurch.org](mailto:kpeaks@hscchurch.org) or 202-546-1885).



**Stay Connected**



- Visit our parish website ([hscchurch.org](http://hscchurch.org)) for news.
- **Subscribe to Flocknote** by texting "HCSC" to 84576 or visit <https://hscchurch.flocknote.com/> to sign up to receive emails with updates from the parish such as bulletins and homily notes. It's **FREE** and easy!
- Download the **MyParishApp** onto your mobile device. To get the app: visit your app store (*available for Android & Apple phones*). Turn on notifications so you can receive parish news. **And**, follow us on social media (**Facebook, Instagram, Twitter and YouTube**).

**MASS ATTENDANCE**

April 7, 2024

4:30pm	38
8:00am	63
9:30am	22
11:00am	183
7:00pm	63
<b>Total:</b>	<b>352</b>

**THIS WEEK AT THE PARISH**

<b>Tuesday (4/16)</b> 7:00pm Adult Choir Rehearsal	<b>Friday (4/19)</b> 6:00pm Holy Hour w/confession
<b>Wednesday (4/17)</b> 7:30pm Bible Study (Zoom)	

**OUR CHURCH SANCTUARY IS OPEN FROM 8AM—8PM** every day for you to come in for private prayer. Consider spending quiet, personal time in the presence of our Lord in prayer.



**FUNERALS:** Francis Joseph Williams (4/12)  
Dorothy G. Collins (4/18)



**MASS INTENTIONS:** It is a spiritual work of mercy to pray for others, both living and deceased. If you would like to offer a Mass in memory of a friend or family, call 202-546-1885 or [hscstaff@hscchurch.org](mailto:hscstaff@hscchurch.org). The customary stipend is \$10 per intention.

**† MASS INTENTIONS FOR THE WEEK †**

**Sunday, April 14** *THIRD SUNDAY OF EASTER*

8:00am Randy Mathis †  
9:30am Cheryl Walker Ross †  
11:00am Dorothy Simpson (100<sup>th</sup> B'day)  
7:00pm Francis Williams †

**Monday, April 15**

7:00am Gary Vincent Scott †

**Tuesday, April 16**

7:00am Audrey Theresa Prescott †

**Wednesday, April 17**

7:00am Valerie Williams (B'day)

**Thursday, April 18**

7:00am Joseph Robert Washington †

**Friday, April 19**

7:00am Ray Anthony Blanchard, Sr. †

**Saturday, April 20**

8:00am For the People  
4:30pm Thomas Dolan Colbert †

**DAILY READINGS FOR THE WEEK**

<b>MONDAY</b>	ACTS 6:8-15	JOHN 6:22-29
<b>TUESDAY</b>	ACTS 7:51-8:1	JOHN 6:30-35
<b>WEDNESDAY</b>	ACTS 8:1-8	JOHN 6:35-40
<b>THURSDAY</b>	ACTS 8:26-40	JOHN 6:44-51
<b>FRIDAY</b>	ACTS 9:1-20	JOHN 6:52-59
<b>SATURDAY</b>	ACTS 9:31-42	JOHN 6:60-69

**OUR MISSION STATEMENT:**

*Holy Comforter-Saint Cyprian Roman Catholic Church, empowered by the Holy Spirit, exists to evangelize and to uphold Christian values by promoting the teachings of the Church in Word, Sacrament and Witness.*

**OUR VISION STATEMENT:**

*A welcoming, embracing and joyful faith family richly rooted in the community today, tomorrow and forever.*



## THIRD SUNDAY OF EASTER

### PARISH LIFE

Join with the Holy Comforter-Saint Cyprian Parish as we celebrate the 100<sup>th</sup> birthday of Dorothy Simpson. We are grateful for the blessing that you are in our lives and thank God for every day that He gives you to us. May God bless you on this milestone.

*The Lord bless you and keep you; the Lord make His face shine on you and be gracious to you; the Lord turn His face toward you and give you peace.*

Numbers 6:24-26

*Blessings on your Birthday!*



Thank you to all who donated food or funds to our **Lenten Food Drive** to benefit 'Gifty' (who is now 16 years old) and her village in Ghana. We continue to partner with the Oblate Sisters of Providence to share our abundance with our brother and sisters. If you want to donate, call Kim Peaks at the rectory at 202-546-1885 or kpeaks@hscchurch.org.

**SAVE THE DATE: HCSC ANNUAL MAY PROCESSION: Sun., May 5<sup>th</sup> following the 11AM Mass.** We will gather in the church and process around Lincoln Park reciting the rosary and singing marian hymns. **We invite ALL families and ALL HCSC ministries with their banners.** In honor of our Blessed Mother Mary!



### BIBLE STUDIES AT HCSC



**FRIENDLY SENIORS BIBLE STUDY:** held on the second Tuesday of every month at 10:30AM in the chapel. Deacon James Flagg is the facilitator.



**WEDNESDAY EVENING BIBLE STUDY:** held every Wednesday via Zoom at 7:15PM. Msgr. Charles Pope is the facilitator. Sign up to receive weekly Zoom link at [hscchurch.flocknote.com](http://hscchurch.flocknote.com). **Questions?** Call the rectory office: 202-546-1885 or [hscstaff@hscchurch.org](mailto:hscstaff@hscchurch.org).



**The 21<sup>st</sup> Annual Asian and Pacific Island Catholic Marian Pilgrimage is Sat., May 4<sup>th</sup>** at the Basilica of the National Shrine of the Immaculate Conception. Twenty-one years of annual pilgrimage, a journey into the heart of Mary, our Blessed Mother

who brings together Asian and Pacific Island Catholic communities from all over the United States to celebrate their heritage and Marian devotions. Cardinal Christophe Pierre, Apostolic Nuncio to the United States, is the celebrant and homilist. Pilgrimage begins with a brief procession and call to prayer at 12Noon, rosary at 12:30PM, and Mass at 1PM. Contact: Dr. Fred Semendy at 703-472-2032; [apcnmail@gmail.com](mailto:apcnmail@gmail.com), Sr. Myrna Tordillo at 202-541-3384; [mtordillo@usccb.org](mailto:mtordillo@usccb.org) or the Office of Cultural Diversity at [culturaldiversity@adw.org](mailto:culturaldiversity@adw.org).



### LIVING WITH JESUS IN THE HOLY EUCHARIST

In this, the Year of the Holy Eucharist, our parish seeks to root and link all our activities, retreats and functions to Jesus who is present with us in the Holy Eucharist. We hope to deepen our personal encounter with the Lord Jesus who is truly and really present in the Holy Liturgy and Eucharist, to reinvigorate our devotion to Holy Mass and Eucharistic adoration, and to draw others to the realization that *Jesus is here right now!*

We are planning events, exhibits and videos which are on our website ([hscchurch.org](http://hscchurch.org)) and bulletin. Visit throughout the year since dates and times may change. **Scan QR code to the right with cellphone camera → to link directly to the church webpage.**



We offer the **'Mass in Slow Motion'** series by Msgr. Pope. This multi-part series explains the parts of the Mass and the relevance of everything within the liturgy. See our website under *Living with Jesus in the Holy Eucharist*. (or scan QR code above).

Visit our **'Eucharistic Miracles'** exhibits in the rear of the sanctuary and learn about the supernatural power of the Eucharist. **NOTE: The exhibit changes every 2-3months.**

**EUCHARISTIC ADORATION / HOLY HOUR** is held **EVERY FRIDAY from 6—7PM** in the sanctuary. Gather and reflect in quiet prayer in the presence of the Blessed Sacrament. Confessions are also heard at this time. **HOLY HOUR INTENTION:** pray for the continued fruits of the Forty Hours of Adoration that it will renew our parish with the fire of God's love.



**SAVE THE DATE:** Join the HCSC Holy Name Society and Sodality of the Blessed Virgin Mary as they host a *Day of Reflection* on **June 9<sup>th</sup>** after 11AM Mass at Center City Public Charter School (15<sup>th</sup> & E. Capitol Sts, SE). Father Larry Swink is the guest presenter. Come and hear about the *'Eucharist - Food for the Mind Body and Soul.'* Stay tuned for more details.



**SISTERS IN THE SPIRIT—** ARCHDIOCESE OF WASHINGTON sponsors a Day of Reflection: **'BLACK CATHOLIC WOMEN: RESPONDING TO THE CALL TO SERVE'** on **Sat., April 27<sup>th</sup>**; 1PM-3PM, Holy Family Catholic Church, 2210 Callaway St., Hillcrest Hts, MD. **Cost:** \$25 (includes lunch & program). Sr. Patricia Chappell, Facilitator. Contact: Burma Hill 240-620-4556.

**HOLY COMFORTER-SAINT CYPRIAN ROMAN CATHOLIC CHURCH**  
1357 East Capitol Street, SE, WDC 20003  
202.546.1885 ❖ [www.hscchurch.org](http://www.hscchurch.org)  
Rev. Msgr. Charles Pope, Pastor ([pastor1@hscchurch.org](mailto:pastor1@hscchurch.org))  
Deacon James P. Flagg II ([jpfllag2@gmail.com](mailto:jpfllag2@gmail.com))

For information on membership, sacraments and funerals contact rectory staff at [hscstaff@hscchurch.org](mailto:hscstaff@hscchurch.org) or (202) 546-1885.

**MASS TIMES:** **Saturday** 8AM & 4:30PM (vigil);  
**Sunday** 8AM, 9:30AM, 11AM and 7PM;  
**Weekdays** Mon—Fri: 7AM (8AM on holidays)

**RECTORY OFFICE HOURS:**  
Monday, Tuesday, Wednesday and Friday: 10AM—6PM  
Thursday, Saturday & Sunday: Closed

# God Cares

*“You can’t give what you don’t have”*



**Join our Holy Comforter-Saint Cyprian Women’s Ministry Retreat  
for a Life Changing Experience**

**Friday, November 15th—Sunday, November 17th 2024**

Bon Secours Retreat and Conference Center  
Marriottsville, MD

**Retreat Facilitator  
Charlene Howard**

Director of Spiritual Life  
Archbishop Carroll High School



**Total Cost: \$400.00**

Non-Refundable deposit of \$75 due no later than **May 1, 2024** for planning purposes

Final Payment due by October 20, 2024

Price includes: Private Room, Transportation, Meals and Spiritual Enrichment

**For additional information, contact one of the following**

**Laura Stanton (301) 326-9467**

**Wanda Ross (301) 523-1017**

**Bertha Colbert (301) 567-9786**

**Miriam Townsend-Edelen (301) 219-7986**

**Robin Brooks (202) 271-2940**

**Linda Simpson (301) 735-6432**

**Shirley Austin (202) 368-7231**

**Brenda Worthy (202) 355-4075**

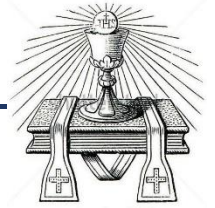
## Charlene Howard, MA

Charlene Howard wears many hats. She is the Director of Spiritual Life at Archbishop Carroll High School and has a master's degree in Catechesis and Religious Education from Catholic University. She is a mother of 4 children and the grandmother of 5. She works with her husband, Evangelist Michael Howard, presenting workshops at various catechetical conferences, assisting in the formation of catechists and has written curriculum for the University of Dayton Virtual classes. Additionally, Mrs. Howard serves as the Chairperson of the Pax Christi USA National Board working to further the organization's presence in responding to issues of racial justice, the inclusion of youth and young adults in the work of the organization, as well as, increasing the visibility and viability of the organization among communities of color. Most importantly, Charlene Howard is a child of God working to proclaim the Good News that we are made in His image and greatly loved.





# The Mass in Slow Motion



## Prayer After Communion and The Final Blessing & Dismissal

This is a series on the Mass explaining the meaning and history of what we do each Sunday. This series of flyers is an attempt to add insight and understanding to our celebration of the Sacred Liturgy. You are also invited to learn more by attending Sunday School classes for adults which take place in the school cafeteria each Sunday from 9:45 am. to 10:45 am.

This series will follow the Mass in order.



**The Prayer after Communion**—The Instructions in the Roman Missal say of the time following the reception of Holy Communion: *After communion, the priest and people may spend some time in silent prayer. If desired, a hymn, psalm, or other song of praise may be sung by the entire congregation.* After this time the priest and people stand and he summons them to attend to the prayer which concludes the communion rite. He says, “Let us pray.” Generally, there is no lengthy pause here since it is presumed that all have just been praying in the period after receiving communion. Have you?

The Missal describes the purpose of the prayer after communion: *In the prayer after communion, the priest petitions for the effects of the mystery just celebrated and by their acclamation, Amen, the people make the prayer their own.*

Thus, we do not see Holy Communion as remote from our life, but we ask that the mystery of the dying, rising and ascending of Jesus Christ have an effect in our lives. We pray that the Holy Communion we have just received will have a transformative effect in our lives, truly changing us and making us more holy, more like Christ, whom we have received. St. Augustine once said, “Christian, become what you receive.”

**History**—The post communion praise (or silence) and prayer stretch back to the early exhortations of the Church Fathers. St. Cyril in his ancient Jerusalem Catechesis instructs the clergy to admonish the faithful to make a thanksgiving after communion. St. John Chrysostom points sharply at those who cannot wait for the Eucharist to be over but, like Judas, hurry away instead of singing a hymn of praise with Jesus and his true disciples (De bapt. Christi, c. 4). In some of the ancient Eastern Liturgies the deacon gave an elaborate instruction for those assembled to rise and give thanks: *Having partaken of the precious Body and Blood of Christ, let us give thanks to him who has made us worthy to partake of these sacred mysteries, and let us plead that it not redound to our fault, but to our salvation, to health of soul and body, to preservation of piety, to remission of sins, and life everlasting.* Something very similar is still said in most Eastern liturgies today and contrasts sharply with the more sober Western, or Latin rite wherein the celebrant says, merely, “Let us pray.” But in both the East and West, after this invitation, all the faithful stood and were led in a prayer and act of thanksgiving. This practice is very ancient. Over the early centuries a collection of post communion prayers developed, all with the same basic theme: a grateful glance at the gifts (sacrament) received and the wish that it be efficacious in our life in some particular way. All the congregation assent by saying, “Amen.”



**Concluding Rite**—The concluding rite consists of: the priest's greeting and blessing, which on certain days and occasions is expanded and expressed in the prayer over the people or another more solemn formulary. It also includes the dismissal of the assembly, which sends each member back to doing good works, while praising and blessing the Lord.

**History**—It would seem, that in the earlier days in the Church, the blessing by the celebrant was more elaborate than it usually is today. Even today, there are times today when the priest will often have several petitions before giving the final blessing. This is usually reserved for special feasts, though it can be done at any mass. After each petition people respond by saying AMEN. In the ancient Church the use of these added blessings was more common. Over time the blessing came to be simplified, in the western Church by the priest simply saying, “The Lord be with you”, followed by the people’s response, “And with your spirit.” The priest then gave the simple Trinitarian blessing, “May almighty God bless you, the Father, the Son, and the Holy Spirit.” As already noted, today there are some options to add back the petitionary prayers, as was done in the ancient Church. There is evidence that this final blessing, with the sign of the cross, was not given from the altar or the chair in the ancient liturgy but was given by the bishop or celebrant as they processed down the aisle. Bishops still often do something similar today.



**The Dismissal**—The final word of the liturgy is said by the Deacon, if he is present, or by the celebrant. Most of us today recognize this instruction simply as, “The mass has ended go in peace” or some similar exhortation. This is a loose translation of the Latin which states more tersely “*Ite, missa est*” which strictly translated says, “Go, there is a dismissal.” This Latin expression was a common way of ending gatherings in ancient Rome and it was simply taken into the Church as a way of indicating the Mass was concluded. In the Eastern Church, the concluding dismissal was less terse, since the celebrant or deacon declared, “Let us go forth in peace!” And the people responded, “In the name of the Lord!” This is still done today in the Eastern Church.

**Pastoral Note:** The dismissal should not be seen simply as a concluding phrase. The people of God are not just being told things are finished here you may go home. Rather, they are being commissioned to go forth and bring Jesus Christ, whom they have heard and received, into the world. In one sense, this final instruction is one of the most important, since it reminds the faithful who have assembled to go forth and evangelize in obedience to Christ who said, “Go and make disciples of all the nations” (Matthew 28:19). The faithful have not been instructed and fed merely for their own sake, but indeed, for the whole world. Thus, the final word of the liturgy is, “Go!” Will you?

This series of the Mass in Slow Motion is intended to instruct us all in the history and meaning of the many parts and rituals included in the Mass. In our devotion to the Lord in the Eucharist is a rich encounter which is meant not only to inform us, but to transform us. No one goes away from Jesus unchanged. May this brief series enrich you in mind and heart and help you to realize that the Holy Mass is the most powerful encounter we can have with the Lord. Need to go to a mountaintop or some far off desert. Jesus is near, at your very parish church, awaiting you in the tabernacle and ministering to you with love in the Holy Mass. Never miss a Sunday. May Jesus Christ be praised.

**Holy Comforter-Saint Cyprian Catholic Church**  
1357 East Capitol Street, S.E.  
Washington, D.C. 20003

202-546-1885 [www.hcscchurch.org](http://www.hcscchurch.org)

**Mass schedule:** Sundays: 8 am, 9:30 am, 11 am & 7 pm; Saturdays: 8 am & 4:30 pm; Daily: 7 am in the chapel



*In Memory of*  
**John N. Graham**  
**Catherine E. Graham**  
**Joan M. Graham**  
**Ernestine C. Jackson**  
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 Missed*

  
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*In Loving Memory of*

**JAMES A. AND ELIZABETH G. HILL**  
 AND  
**VERMELLE H. HOWARD**  
*Love Always,  
 The Family*

*In Loving Memory of*  
**OTHA JOHN HAMER JR.**  
**OTHA JOHN HAMER III**  
 "ETERNAL LOVE"  
 ~Anna, Othalene, Lataunya,  
 Betty - wife and mother

*In Loving Memory of*  
**Lillian H. Myrick**  
**Charles Myrick Sr.**  
**Leon (Tony) Myrick**  
**Lucy Myrick**  
**Lucy Jones**  
**Shirley Ann Jackson**  
*The Family*

*In Loving Memory of*  
**Mattie Barclay**  
**Helene Crutchfield**  
**Edgell Fairfax**  
**Elizabeth Fairfax**  
**Clyde Fairfax Sr.**  
**Clyde (Guy) Fairfax Jr.**  
*The Family*

*In Memory of*  
 Our Deceased Members  
**HCSC**  
 Holy Name Society

 In Memory of  
**OUR DECEASED SODALISTS**  
 HCSC SODALITY

In Loving Memory of  
 The Deceased Jenifers:  
 Oscar, Mary, Helena, Bay, David,  
 Baby Sis, Beverly, Frankie, David,  
 Neal, Kimberly, Cyprian Jr., Jovan


*Still Loved, Still Missed  
 & Very Dear, The Family*

*In Memory of*  
**Winnie,  
 Ray,  
 Bertie**

*In Memory of*  
**Hump,  
 Will,  
 Henny**

*In Loving Memory*  
**Austina H. Jones**  
*Mother*  
*We Love You Always*  
**Willie, Lawrence & Maria**

*To Our Beloved*  
**Kenyon E. Jones**  
*Son & Father*  
*We'll always love you,  
 Mom, Kids  
 & Venita*



**IN LOVING MEMORY OF**  
**Anthony Maxwell Smart**  
 (Tony)  
 - The Family

*In Loving Memory of*  
**James & Hattie Nicholson & Norman Williams**  
 From the Family

*In Loving Memory of*  
**James O. & Reba L. Neale**  
 and  
**Alice Neale Thornton**  
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