

THE MOST HOLY  
BODY AND BLOOD  
OF CHRIST



**MOST HOLY BODY & BLOOD OF CHRIST**

**Readings This Weekend:**

Exodus 24:3-8 Hebrew 9:11-15 Mark 14:12-16, 22-26

**Readings Next Weekend:**

Genesis 3:9-15 2 Corinthians 4:13-5:1 Mark 3:20-35



As we work to evangelize, one of the key texts of Scripture to commit to memory is John 6:53 "Unless you eat the flesh of the Son of Man and drink his blood, you have no life in you." Jesus was referring to the Holy Communion we must receive every Sunday. He references the situation of the Jewish people in the wilderness. They had finally been led out of slavery in Egypt and passed through the Red Sea into freedom. This is an image of baptism. But they were not in the promised land yet. They had to journey across the desert before they could enter the Promised Land. Food was scarce in the desert and when they were near death God gave them manna from heaven each morning. Manna was a dough-like substance they collected from the field and could be kneaded and baked like bread. Hence, they called it "bread from heaven." Without that bread they would not have made it to the Promised Land. Jesus is saying the same to us. It is not enough to be baptized. We have to journey across the desert of this life to the Promised Land of heaven. In order to make it we also have to eat or perish. This is why Jesus says "UNLESS you eat..." Unless we regularly receive Holy Communion we are starving spiritually and Jesus warns that we will not make it. He says we are dying and have no life in us. Share this warning with your loved ones who have fallen away from receiving Holy Communion and also tell them how you find nourishment in Mass every weekend.

**† MASS INTENTIONS FOR THE WEEK †**

**Sunday, June 2** *Most Holy Body & Blood of Christ*

8:00am Agnes Chase †  
 9:30am Ella Bowie †  
 11:00am Diane Greene †  
 7:00pm Frances G. Donnelly †

**Monday, June 3** *St. Charles Lwanga & Companions, Martyrs*

7:00am For those suffering & dying from natural disasters

**Tuesday, June 4**

7:00am For the People

**Wednesday, June 5** *St. Boniface, Bishop & Martyr*

7:00am Clyde Fairfax, Jr. (B'day) †

**Thursday, June 6**

7:00am Intentions of Conchita Tompkins (B'day)

**Friday, June 7** *Most Sacred Heart of Jesus*

7:00am Intentions of Carla Thomas (B'day) †

**Saturday, June 8** *Immaculate Heart of the Blessed Virgin Mary*

8:00am Sylvester 'Lucky' Simpson †  
 4:30pm Francis Gordon Barnes (B'day) †

Contact the office at 202.546.1885 or [hscstaff@hscchurch.org](mailto:hscstaff@hscchurch.org) to submit a mass intention. The customary stipend is \$10.

**DAILY READINGS FOR THE WEEK**

**MONDAY:** 2 PETER 1:2-7 MARK 12:1-12  
**TUESDAY:** 2 PETER 3:12-15A, 17-18 MARK 12:13-17  
**WEDNESDAY:** 2 TIM 1:1-3, 6-12 MARK 12:18-27  
**THURSDAY:** 2 TIM 2:8-15 MARK 12:28-34  
**FRIDAY:** HOS 11:1-,3-4, 8C-9 JOHN 19:31-37  
**SATURDAY:** 2 TIM 4:1-8 LUKE 2:41-51



**FAITH DIRECT (Electronic Tithing):** We offer electronic tithing through *Faith Direct*. Here are 3 ways to get info and register:

1. Scan the QR code to the right.
2. Text "Enroll" to 301-478-8900 to give.
3. Go online to [faith.direct/DC59](http://faith.direct/DC59) and register.

This eGiving service is **FREE**. You can register to have your tithes automatically deducted twice a month or give a one-time gift/donation. **Questions?** Contact Kim Peaks ([kpeaks@hscchurch.org](mailto:kpeaks@hscchurch.org) or 202-546-1885).



**Stay Connected**



- Visit our parish website ([hscchurch.org](http://hscchurch.org)) for news.
- **Subscribe to Flocknote** by texting "HCSC" to 84576 or visit <https://hscchurch.flocknote.com/> to sign up to receive emails with updates from the parish such as bulletins and homily notes. It's **FREE** and easy!
- Download the **MyParishApp** onto your mobile device. To get the app: visit your app store (*available for Android & Apple phones*). Turn on notifications so you can receive parish news. **And**, follow us on social media (**Facebook, Instagram, Twitter and YouTube**).

**MASS ATTENDANCE**

May 26, 2024

4:30pm 34  
 8:00am 56  
 9:30am 36  
 11:00am 187  
 7:00pm 52  
**Total: 365**

**THIS WEEK AT THE PARISH**

<b>Monday (6/3)</b> 7:00pm Young Adult Bible Study	<b>Friday (6/7)</b> 8am-7pm First Friday All-Day Eucharistic Adoration
<b>Wednesday (6/5)</b> 7:30pm Bible Study (Zoom)	<b>Saturday (6/8)</b> 9:30am Holy Name Society Mtg



**OUR CHURCH SANCTUARY IS OPEN DAILY FROM 8AM—8PM** for you to come and pray. Consider spending some private time with Christ.

**BIBLE STUDIES AT HCSC**



**YOUNG ADULT BIBLE STUDY:** Mondays at 7PM in the rectory w/Msgr. Charles Pope.



**FRIENDLY SENIORS BIBLE STUDY:** held the **second** Tuesday of every month at 10:30AM in the chapel. Deacon James Flagg is the facilitator.



**WEDNESDAY EVENING BIBLE STUDY:** held every Wednesday via Zoom at 7:15PM w/Msgr. Charles Pope. Sign up at [hscchurch.flocknote.com](http://hscchurch.flocknote.com) to receive Zoom link.

**OUR MISSION STATEMENT:**

*Holy Comforter-Saint Cyprian Roman Catholic Church, empowered by the Holy Spirit, exists to evangelize and to uphold Christian values by promoting the teachings of the Church in Word, Sacrament and Witness.*

**OUR VISION STATEMENT:**

*A welcoming, embracing and joyful faith family richly rooted in the community today, tomorrow and forever.*

# SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

## PARISH LIFE



**CONGRATULATIONS** to **Theodore Mubanga Bwembya** and **Hendrix Grace Neena Holland** who were Baptized into the family of the Sacrificial Lamb, Jesus Christ, on **May 26<sup>th</sup>**. May God bless Theodore and Hendrix and their parents as they begin this spiritual journey.



**CORPUS CHRISTI PROCESSION:** Join with HCSC on **June 2<sup>nd</sup>** following the 11:00AM Mass as we unite in a Eucharistic procession through the neighborhood. All are welcome. Bring Jesus to our neighbors on Capitol Hill!



**FIRST FRIDAY ALL—DAY EUCHARISTIC ADORATION:** **Fri., June 7<sup>th</sup>** is the Feast of the Sacred Heart of Jesus. We will offer Adoration in the Church beginning with Mass at 7AM and continuing until 7PM. You are invited to sign up for an hour or more. Join with us in prayer for our 16 men who will be ordained for the Roman Catholic Archdiocese of Washington on June 15<sup>th</sup>. Pray, too, for an increase in vocations to the priesthood and consecrated life. **Sign up** by scanning the QR code → or call the rectory office at 202-546-1885 or email: [hscstaff@hscchurch.org](mailto:hscstaff@hscchurch.org).



Join the HCSC Holy Name Society and the Sodality of the Blessed Virgin Mary as they host a *Day of Reflection* on **June 9<sup>th</sup>** after 11AM Mass at Center City Public Charter School (15<sup>th</sup> & E. Capitol Sts, SE). Father Larry Swink is the guest presenter. Come and hear about the *'Eucharist - Food for the Mind Body and Soul.'* See flyer to RSVP for this FREE event.



**FATHER'S DAY GIFT SALE** in the Candlelight Store (*rear of the church*) after Sunday morning Masses for the next 3 weekends. All proceeds benefit the Oblate Sister of Providence.

**AMERICAN YOUTH CHORUS & NORTHEAST SENIOR SINGERS** will be **LIVE IN CONCERT** at HCSC on **Sun., June 9<sup>th</sup> at 4PM**. There is a \$10 minimum donation. Kids under 13 are free with code **TREBLE**. Scan the QR code → or visit: [AmericanYouthChorus.org](http://AmericanYouthChorus.org) for details. The conductors will be Jonathon Hampton & George Stewart (HCSS Director of Music).



### Catholic Charities Seeking Summer 2024 Camp Counselors



- 10 weeks (6/24/2024 – 8/23/2024)
- Work with a developmentally diverse group of 4-10 year olds!
- Field trips, dance, art, sports, science, & aquatics
- The Kennedy School in Northeastern DC

**Applications Open!**



## LIVING WITH JESUS IN THE HOLY EUCHARIST

In this, the Year of the Holy Eucharist, our parish has been seeking to root and link all our activities, retreats and functions to Jesus who is present with us in the Holy Eucharist. We hope to deepen our personal encounter with the Lord Jesus who is truly and really present in the Holy Liturgy and Eucharist, to reinvigorate our devotion to Holy Mass and Eucharistic adoration, and to draw others to the realization that *Jesus is here right now!*

Visit our website for upcoming events and teachings. **Scan the QR code to the right with cellphone camera → to link to our webpage.**



Visit our **'Eucharistic Miracles'** exhibits in the rear of the sanctuary and learn about the supernatural power of the Eucharist.



As part of the National Eucharist Revival, there is a **National Eucharistic Pilgrimage** which will travel through the Archdiocese

of Washington from June 7—9, 2024. **On Sat., June 8<sup>th</sup>**, the National Eucharistic Pilgrimage will have a public Mass (*at National Shrine*) and Procession in D.C. For those with limited mobility or other disability, there will be a stationary pilgrimage at the Saint John Paul II National Shrine at the same time as the walking procession near the National Shrine. Scan the QR code for details and to register to participate and to volunteer (for planning purposes **RSVP ASAP**). All are welcome!!



**JOHN PAUL II INSTITUTE FOR STUDIES ON MARRIAGE & THE FAMILY SUMMER COURSE:** *Called to Love: Theology of the Body* on July 15-19, 2024—Students will examine John Paul II's "Catechesis on Human Love" through a close reading of the text and an exploration of the philosophical and biblical sources of his vision. The aim is to see the intimate connection of human love with its Divine Source, the Trinitarian God who is Love, and how the human being, in his entirety, images Him. For details, call 202.526.3799 or [information@johnpaulii.edu](mailto:information@johnpaulii.edu). The course fee is \$150; held at the JP II Institute at Catholic University.



**GRADUATE RECOGNITION:** Every year, our parish recognizes and congratulates our HCSC parishioners graduating from middle school, high school and college at the **11AM Mass on June 23<sup>rd</sup>**. We want to know who is **graduating in 2024!** See flyer in rear of church or visit [hscchurch.org](http://hscchurch.org) for fillable form to submit via email.

### HOLY COMFORTER-SAINT CYPRIAN ROMAN CATHOLIC CHURCH

1357 East Capitol Street, SE, WDC 20003

202.546.1885 ❖ [www.hscchurch.org](http://www.hscchurch.org)

Rev. Msgr. Charles Pope, Pastor ([pastor1@hscchurch.org](mailto:pastor1@hscchurch.org))  
Deacon James P. Flagg II ([jflaggll@gmail.com](mailto:jflaggll@gmail.com))

For information on membership, sacraments and funerals contact rectory staff at [hscstaff@hscchurch.org](mailto:hscstaff@hscchurch.org) or (202) 546-1885.

**MASS TIMES:** **Saturday** 8AM & 4:30AM (vigil);  
**Sunday** 8AM, 9:30AM, 11AM and 7PM;  
**Weekdays** Mon—Fri: 7AM (8AM on holidays)

### RECTORY OFFICE HOURS:

Monday, Tuesday, Wednesday and Friday: 10AM—6PM  
Thursday, Saturday & Sunday: Closed

HOLY COMFORTER-SAINT CYPRIAN ROMAN CATHOLIC CHURCH  
HOLY NAME SOCIETY

## ANNUAL MEN'S RETREAT

**Living with Jesus in the Holy Eucharist**

JULY 26-28, 2024

**The Claggett Center**

3035 Buckeytown Pike  
Adamstown, Maryland 21710  
301-874-5147 • [www.ClaggettCenter.org](http://www.ClaggettCenter.org)

**Reverend Larry Swink**

Retreat Facilitator

**COST** : \$300 (Single ) \$270 (Double)

A non-refundable deposit of \$100 is due **May 12th**  
to secure space and final payment is due **July 13th**.

Cost covers room, meals, and retreat materials.

Please indicate if you have special needs such as  
accommodation, food or transportation (carpool).

**Arrival time on Friday (7/26): 2PM**

**Departure time on Sunday (7/28): 11AM**

**This retreat experience is open to ALL MEN!**



## TO REGISTER & QUESTIONS

Contact Cyprian Jenifer at 301-580-4273  
or jen77116@gmail.com

### How to Pay

1. **CASH** - Contact Cyprian Jenifer to arrange drop-off or place cash in envelope and bring to rectory office (during office hours) **or** drop cash in envelope in offertory basket. PLEASE indicate **HNS Retreat** and **your name** on envelope.
2. **CHECK** - make check payable to HCSC. Mail to rectory office or; drop-off at rectory office during office hours or; put payment through mail slot in rectory front door; or drop in the collection basket. Make sure your check is in an envelope and indicate **HNS Retreat** and **your name**.
3. **Credit Card/Electronic** - You can pay for the retreat using Faith Direct or Paypal. Scan the QR code below or go to the HCSC website ([hcscchurch.org](http://hcscchurch.org)) for payment details. Please indicate **your name** and **HNS Retreat** in the note section.



## Meet the Retreat Facilitator *Rev. Larry Swink*



Father Lawrence Swink was ordained a priest of the Roman Catholic Archdiocese of Washington in May 2006.

He was born on the Midway Islands, an unincorporated territory of the U.S. in the central Pacific Ocean, (northwest of Honolulu). He is the oldest of 10 children and points to his parents as playing a large role in planting the seeds for his vocation. Seeing the sacrifices needed in marriage made him more open to the call to the priesthood.

He attended the Heights High School (Rockville, MD) and graduated from the University of Dallas with a degree in Political Philosophy. He worked for Morgan Stanley as a Financial Advisor for 2-1/2 half years.

In 2001, Fr. Larry joined the Immaculate Conception Seminary in South Orange, NJ and began his vocational journey.

Father Larry's first parish was St. Mary of the Mills Catholic Church in Laurel, MD followed by St. Pius X in Bowie, MD. He also served as pastor at Jesus the Divine Word Catholic Church in Huntingtown, MD., Sacred Heart Catholic Church in LaPlata, MD and pastor at both St. Peter Claver and St. Cecilia's in St. Mary's City, MD.

Father Larry is a dynamic speaker and he has been leading retreats for men's and women's groups for over 10 years including pilgrimages to Mexico City and holy sites in Europe.

Father Larry's three favorite things about being a priest are offering Mass, confessions, and preaching the Word of God. What feeds his love for the Mass is adoration. Every day, he spends an hour of mental prayer in front of the Blessed Sacrament. He loves helping people understand the faith at a deeper level, assisting them to connect their life with the Lord, and challenging/encouraging them to holiness. In his spare time, Father is a cyclist, plays basketball, and enjoys hiking and snowboarding... as well as anything that includes a ball or a stick!

# Pray for Our *Ordinandi*

THE ROMAN CATHOLIC ARCHDIOCESE OF WASHINGTON

*We invite you to join us to pray for those being ordained to the Priesthood for the Archdiocese of Washington at a*

## **EUCCHARISTIC HOLY HOUR** *in Thanksgiving to God*

June 7<sup>th</sup> – 8:00am to 7:00pm (*Church open ALL day for Adoration*)

Holy Comforter-Saint Cyprian Roman Catholic Church



Dcn. Fidèle  
Bimenyimana



Dcn. Benjamin  
Bralove



Dcn. James  
Fangmeyer



Dcn. Christopher  
Feist



Dcn. Joseph  
Gonzalez



Dcn. Conor  
Hardy



Dcn. Joseph  
Heisey



Dcn. Joseph  
McHenry



Dcn. Thong  
Nguyen



Dcn. Dylan  
Prentice



Dcn. Benedict  
Radich



Dcn. Nathaniel  
Roberts



Dcn. Isaac  
Sagastume



Dcn. John  
Winslow



Dcn. Stephen  
Wong



Dcn. Gregory  
Zingler



**Holy Comforter-Saint Cyprian Catholic Church**  
*in conjunction with the Holy Name Society and the Sodality of the  
Blessed Virgn Mary presents*

**A Parish Day of Reflection**

## **EUCCHARIST**

**FOOD FOR THE MIND, BODY  
& SOUL**

**Sunday, June 9, 2024**

**1:00-3:00pm**

**Father Larry Swink**

*Guest Speaker*

**Center City Public Charter School - Cafeteria**  
**1503 East Capitol St., SE, WDC - enter thru parking lot**

**RSVP by June 2 -**  
**See back of flyer for**  
**details**



Join with Msgr. Charles Pope and Fr. Larry Swink for a Day of Reflection on the Eucharist. It is open to all parishioners. We will reflect on the following:



## The Eucharist

- **Presence** - Is it really Christ?
- **Preparation** - Get prepared to receive Christ - *mentally, physically and spiritually.*
- **Producing** - Christ is going to change your life and the way you feel!

Light refreshments will be provided. **Please RSVP by June 2nd**, so we can prepare food accordingly.

## HOW TO RSVP

1. Scan the QR Code and RSVP online.
2. Visit [hscchurch.org](http://hscchurch.org) for details and RSVP.
3. Contact the rectory office at 202-546-1885 or [hscstaff@hscchurch.org](mailto:hscstaff@hscchurch.org) and leave your name & contact phone or email.



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*In Memory of*  
**John N. Graham**  
**Catherine E. Graham**  
**Joan M. Graham**  
**Ernestine C. Jackson**  
*Always Loved,  
 Remembered,  
 Missed*

  
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*In Memory of our Deceased*  
**KNIGHTS OF COLUMBUS**



**HCSC**

*In Loving Memory of*

**JAMES A. AND ELIZABETH G. HILL**  
 AND  
**VERMELLE H. HOWARD**  
*Love Always,  
 The Family*

*In Loving Memory of*  
**OTHA JOHN HAMER JR.**  
**OTHA JOHN HAMER III**  
 "ETERNAL LOVE"  
 ~Anna, Othylene, Lataunya,  
 Betty - wife and mother

*In Loving Memory of*  
**Lillian H. Myrick**  
**Charles Myrick Sr.**  
**Leon (Tony) Myrick**  
**Lucy Myrick**  
**Lucy Jones**  
**Shirley Ann Jackson**  
*The Family*

*In Loving Memory of*  
**Mattie Barclay**  
**Helene Crutchfield**  
**Edgell Fairfax**  
**Elizabeth Fairfax**  
**Clyde Fairfax Sr.**  
**Clyde (Guy) Fairfax Jr.**  
*The Family*

*In Memory of*  
 Our Deceased Members  
**HCSC**  
 Holy Name Society

 In Memory of  
**OUR DECEASED SODALISTS**  
 HCSC SODALITY

In Loving Memory of  
 The Deceased Jenifers:  
 Oscar, Mary, Helena, Bay, David,  
 Baby Sis, Beverly, Frankie, David,  
 Neal, Kimberly, Cyprian Jr., Jovan


*Still Loved, Still Missed &  
 Very Dear, The Family*

*In Memory of*  
**Winnie,**  
**Ray,**  
**Bertie**

*In Memory of*  
**Hump,**  
**Will, Phil**  
**Henny**

*In Loving Memory*  
**Austina H. Jones**  
*Mother*  
*We Love You Always*  
**Willie, Lawrence & Maria**

*To Our Beloved*  
**Kenyon E. Jones**  
*Son & Father*  
*We'll always love you,  
 Mom, Kids & Venita*



**IN LOVING MEMORY OF**  
**Anthony Maxwell Smart**  
 (Tony)  
 - The Family

*In Loving Memory of*  
**James & Hattie**  
**Nicholson &**  
**Norman Williams**  
 ♡ From the Family ♡

*In Loving Memory of*  
**James O. &**  
**Reba L. Neale**  
 and  
**Alice Neale Thornton**  
 The Family

*In Loving Memory of*  
**Devin M. Wright**  
*Love Always,  
 The Family*

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**Darren Miah**  
*The Family*

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